

SIGNATURE BLENDS

Our best-selling blends made with 20g of our whey & casein protein

THE DIRTY PEANUT

Chocolate, Peanut Butter & 20g of Protein

MOCHA PEANUT BUTTER
Mocha, Peanut Butter & 20g of Protein

MUDSLIDE LATTE
Mocha & 20g of Protein

BERRIED IN CHOCOLATE
Chocolate, Strawberries & 20g of Protein

ELVIS' RETURN
Chocolate, Bananas & 20g of Protein

MALIBU CHOCOLATE
Chocolate, Pineapples, Coconuts & 20g of Protein

BURNER BLENDS

Includes a Metabolism Boost & 20g of our whey & casein protein

TROPICAL BOMBSHELL

Pineapples, Coconuts, Bananas, 20g of Protein & Metabolism Boost

BELLY BUSTER
Strawberries, Bananas, 20g of Protein & Metabolism Boost

ORANGE PEELER
Oranges, Vanilla, 20g of Protein & Metabolism Boost

BERRY BERRY GOOD
Raspberries, Blueberries, Strawberries, 20g of Protein & Metabolism Boost

POMEGRANATE BLISS
Pomegranate, Wild Cherries, 20g of Protein & Metabolism Boost

SLIM SALLY
Strawberries, 20g of Protein & Metabolism Boost

WONDER TWINS
Mangoes, Peaches, 20g of Protein & Metabolism Boost

RECOVERY BLENDS

Includes BCAAs & 20g of our whey & casein protein

PEANUT BUTTER POWER

20g of Protein, Peanut Butter, Non-Dairy Smoothie Creme & BCAAs

THE KINGPIN
Blueberries, Strawberries, Raspberries, 20g of Protein & BCAAs

TWISTED STRAWBERRY
Strawberries, Bananas, 20g of Protein & BCAAs

BERRY BOOM
Strawberries, 20g of Protein & BCAAs

IN THE TROPICS
Pineapples, Coconuts, Bananas, 20g of Protein & BCAAs

CITRUS RUSH
Oranges, Vanilla & 20g of Protein

POM N' CHERRY TSUNAMI
Pomegranates, Wild Cherries, BCAAs & 20g of Protein

POOLSIDE SUNSET
Mangoes, Peaches & 20g of Protein

THE YACHT CLUB
Chocolate, Pineapples, Coconuts & 20g of Protein

CHOCOLATE PEANUT BUTTER
Chocolate, Peanut Butter, 20g of Protein, Non-Dairy Smoothie Creme & BCAAs

MOCHA MANIA
20g of Protein, Chocolate, Mocha, Non-Dairy Smoothie Creme & BCAAs

THE KING KONG
Chocolate, Bananas, 20g of Protein & BCAAs

ISLAND PASSION
Passionfruit, Orange, Guava & 20g of Protein

JUST FRUIT BLENDS!

Includes one Essential & 20g of our whey & casein protein

ORANGE PUSH-UP

Zesty Orange, Creamy Vanilla, Your Choice of One \$.50 Boost & 20g of Protein

STRAWBERRY BANANA BLAST
Strawberries, Banana, Your Choice of One \$.50 Boost & 20g of Protein

POMEGRANATE PARADISE
Pomegranates, Wild Cherries, Your Choice of One \$.50 Boost & 20g of Protein

MANGO BLISS
Mangoes, Peaches, Your Choice of One \$.50 Boost & 20g of Protein

PINA COLADA MADNESS
Pineapples, Coconuts, Your Choice of One \$.50 Boost & 20g of Protein

PASSIONFRUIT ORANGE GUAVA
Passionfruit, Orange, Guava, Your Choice of One \$.50 Boost & 20g of Protein

TRIPLE BERRY SENSATION
Blueberries, Strawberries, Raspberries, Your Choice of One \$.50 Boost & 20g of Protein

SUPER STRAWBERRY
Strawberries, Your Choice of One \$.50 Boost & 20g of Protein

VEGGIE BLENDS

Includes a Veggie Boost & 20g of our whey & casein protein

YO YO BERRY

Raspberries, Blueberries, Strawberries, 20g of Protein & Veggie Boost

POMLICIOUS
Pomegranate, Wild Cherries, 20g of Protein & Veggie Boost

STRAWNANA
Strawberries, Bananas, 20g of Protein & Veggie Boost

MALIBU MANGO
Mangoes, Peaches, 20g of Protein & Veggie Boost

MUSCLE BUILDERS

Includes Glutamine & 20g of our whey & casein protein

BOARDWALK COLADA

Chocolate, Pineapples, Coconuts, Glutamine & 20g of Protein

THE INCREDIBLE BULK
Chocolate, Peanut Butter, Glutamine, Non-Dairy Smoothie Creme & 20g of Protein

SUNRISE SPLASH
Mangoes, Peaches, Glutamine & 20g of Protein

PEANUT BUTTER PUMP
Peanut Butter, Glutamine, Non-Dairy Smoothie Creme & 20g of Protein

MOCHA MUSCLE
Mocha, Glutamine, Non-Dairy Smoothie Creme & 20g of Protein

PINK HURRICANE
Strawberries, Bananas, Glutamine & 20g of Protein

RED RAPTOR
Strawberries, Glutamine & 20g of Protein

VALUE STACKS

More supplements at a great value!

TRIM N' TONE Fiber Metabolism Boost

RECHARGE Energy Multivitamin

STAY FULL Peanut Butter Granola

MEGA GAINER Extra 20g of Protein Creatine

CUSTOMIZE IT

Make your blend just how you like it!

ESSENTIALS

Glutamine
Assists in muscle recovery

Multivitamin
Your complete multivitamin (with added fiber)

BCAAs
Helps repair & grow muscle tissue (packed with BCAAs)

Metabolism Boost
Boosts metabolism & increases the thermogenic effect on fat loss

ADD-INS

Chocolate
Also available in sugar-free!

Peanut Butter
Also available in low-fat!

Mocha
Colombian coffee & cocoa blend

Granola
A wholesome smoothie addition!

Veggie Boost
One full serving of veggies!

Antioxidants!
A blend of multivitamin and energy!

Energy Boost
Enhances energy, focus & endurance

Creatine
Maximizes muscle size & strength

Fiber
Maintains digestive health

Sugar Free Chocolate
Fewer calories, less sugar!

Low-Fat Peanut Butter
Fewer calories from fat!

More Protein: 20g
(Vanilla or Chocolate)

*According to the American Heart Association

BERRY BUILDER

Blueberries, Strawberries, Raspberries, Glutamine & 20g of Protein